



Mental Health Resource Panel

November 1, 2018 • 5 p.m.–7 p.m.

2500 Posvar Hall

Join the Office of the Provost – Graduate Studies and a panel of faculty, fellow graduate/professional students, and staff for an evening discussion focusing on mental health.

5:00 p.m. –
6:15 p.m.

Breathing Exercise:

Gaurav Trivedi, Sky@Pitt – The Meditation Club

Introduction:

Michael Pogue-Geile, Director of Clinical Psychology Program

Moderator:

Nathan Urban, Vice Provost for Graduate Studies

Panelists:

- Jennifer Boatz, Doctoral Candidate, School of Medicine
- Jordan Karp, Associate Professor of Psychiatry
- Kelli Lampe, Licensed Professional Counselor, University Counseling Center, Outreach Coordinator
- Chris Parada, Clinical Educator, Resolve Crisis Services
- Val Jamison, UPMC Student Health Plans
- Tyler Wilson, MBA Student, Katz Graduate School of Business

Refreshments will be served along with a networking opportunity after the panel to keep the conversation going.

Visit the Resource Table and take information with you.



Say hello to the Western Pennsylvania Humane Society Therapy Dogs